

# Respite Care



**St Vincent's  
Hospice**

*the little hospice with the big heart*

# Respite Care

For those who have a life-limiting illness, but are currently clinically stable, the option of a planned admission may provide them and their family with some much-needed respite from their day-to-day stressors. This nurse-led service focuses on enhancing quality of life and providing companionship in a safe, comfortable environment. Those individuals who would benefit from this service can be booked for one week every 6 months.

## How to refer for Respite Care

To refer a patient for respite care, please use our Referral Form, which can be found at:

[www.stvincentshospice.org/for-professionals/referrals](http://www.stvincentshospice.org/for-professionals/referrals)

## Coming as an In-patient St Vincent's Hospice

Our In-patient Unit has 8 individual, en-suite rooms, all with a view of the surrounding countryside, which is beautiful in every season.

Adult patients with a diagnosis of a life-limiting illness can be admitted to the Inpatient Unit for Respite Care, under the care of our Consultant and the Medical and Nursing team.

All patients are cared for by experienced medical and nursing staff. Each patient is assigned a named nurse, whose role is to assess each patient individually and plan their care alongside the patient and their family, from admission through to discharge. They will then be involved in coordinating their care after discharge whether it be to their own home or nursing home.

During the patient's stay, they will also have access to other Hospice professionals such as the Counsellor, Spiritual Care Lead and Social Worker. The Hospice multi-disciplinary team work closely with a range of health and social care professionals in preparing people to return to their own home.

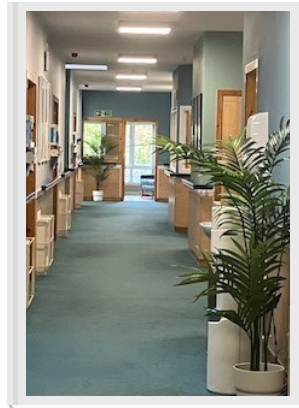
# Staying at St Vincent's Hospice

Our homemade meals are prepared every day, with a variety of choice and all special diets are catered for on request. Patients are welcome to eat their meals in the privacy of their own room, or in our Café area. This is an ideal space to meet with family and friends and the adjoining Sitting Room can be used for movie afternoons, celebrations and larger gatherings.

Just outside we have a large terrace with outdoor seating where patients and loved ones can sit in the fresh air and enjoy the views. Patients can be assisted to access the terrace by wheelchair if required, and can even have their beds moved outside to enjoy the outdoors.

Our large gardens are a haven for birds and wildlife, and there is a path around the perimeter for those wishing some gentle exercise. Pets are welcome to visit and often stay at the Hospice.

If patients and their visitors would like some peace and quiet, our Sanctuary is located at the end of the In-patient Unit, looking out to the countryside, providing an ideal space for contemplation, prayer or meditation.



## About St Vincent's Hospice

St Vincent's Hospice is located in the village of Howwood, in Renfrewshire, and accepts admissions from across Renfrewshire and the adjoining areas of North Ayrshire.

It is easily reached by car and there is ample free parking available. Daytime buses stop a 10 minute walk away and it is a short taxi ride from Johnstone Rail Station.



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