

ST VINCENT'S HOSPICE CHILDREN AND YOUNG PEOPLES BEREAVEMENT SERVICE

JANE RUSSELL AND ALISON PROVAN



CYP SERVICE

The CYP service supports children and young people from the ages of 2-18 years old who have been bereaved or have a special person with a life limiting illness. We work in a person centered way and meet the CYP in a space that is comfortable to them either in school, home, hospice or community. We believe that our service is unique as we do not offer time limited support in order to give them the very best support through weekly/two weekly/monthly sessions/text/phone support on a one to one level. We use a range of tools including talking therapy, play and creative ways to help build relationships and support them with their grief. We have close relationships with schools who are our biggest referrer and offer them guidance and support when required. CYP do not need to have a connection to the hospice to receive support which means we get to reach out into the community and support some of our most vulnerable CYP.

GROUP/PEER MENTORING

We recieved coop funding in 2020 to deliver a peer mentoring programme. Currently Alison is working extra hours to train and help develop the skills of senior pupils in several high schools. These pupils are bereaved and want to give back to their school community by facilitating groups within their school, the groups have just started and have been a great success so far. In 2022 we are hoping to develop this further within new schools and reach out to high school pupils who will benefit from a bereavement group led by peer mentors. In the past we have worked closely with Gryffe High school where we changed and created a bereavement document based on the views of young people, we are hoping that the peer mentors can take this piece of work forward in their own school community. If schools dont have peer mentors we will still want all pupils to have the chance to be part of a group. Get in touch for more information.

HOW CAN YOU HELP?

We are currently looking for more schools or community groups to be involved in the peer mentoring project. If you have any links please get in touch with Alison.



CONTACT:

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HOW TO REFER:

EMAIL ALISON OR JANE TO DISCUSS IF IT'S AN APPROPRIATE REFERRAL AND THEN WE WILL SEND YOU THE REFERRAL FORM TO GATHER MORE INFORMATION

